

ABSTRAK

Wahyu Rabiatal Ukhro. 2023. Enhancing *Growth Mindset* via Group Counseling Interventions to Mitigate Academic Procrastination Among Class C of 8th-Grade Students at SMPN 1 SIKUR.

This research aims to enhance the growth mindset through group counseling services to reduce academic procrastination among students. This study employs a pre-experimental design with a one-group pretest-posttest design. The research methodology adopts a quantitative approach. Based on the results of data analysis using the t-test, it shows that the t-count is greater than the t-table ($6.45 > 2.365$) at a significant level of 5%. This suggests that there is a discernible impact on enhancing the growth mindset through the implementation of group counseling services aimed at mitigating academic procrastination among class C of 8th-grade students at SMP NEGERI 1 SIKUR. Thus, the alternative hypothesis (H_a) is accepted, while the null hypothesis (H_o) is rejected. In conclusion, the research findings, as derived from data analysis and hypothesis testing, reveal that there is a significant influence when utilizing group counseling services to enhance the growth mindset, thereby reducing academic procrastination among 8th-grade students at SMPN 1 Sikur. Thus, it can be inferred that, "Providing group counseling services to enhance the growth mindset can reduce academic procrastination among 8th-grade students at SMPN 1 SIKUR."

Keywords: *Growth Mindset, Group Counseling, Procrastination*

